



1.5km Swim Round the Pier Swimming Information

Event Information

Swim Details: 10:30am on Saturday 7th July 2018 (with contingency of 10.30am on Sunday 8th July in case of unsuitable conditions)

On Day Check-In and Bag Drop: You must check-in prior to your swim at the Swimtrek stand in Paddle Village between 8.30am and 9.15am. You will be issued with your swim hat here. A bag drop will also be available here. All belongings and valuables are left at your own risk.

Swim Start: You must assemble at the swim start 20 minutes prior to the start time. The swim start is approximately a 25 minute walk away from Paddle Village in front of Brighton Sailing Club just to the east of the derelict West Pier. We recommend that you wear a light jumper and a pair of flip flops which you can leave on the beach in the cordoned area. These will be returned to the finish area on the beach in front of Paddle Village.

Swim Route: The route is from the beach in front of Brighton Sailing Club, around the derelict West Pier and finishing on the beach in the middle of Paddle Village. Please note, submerged structures litter the area around the West Pier so it is vital to listen to the safety briefing.

Health and Safety

Medication: If you are on any medication that you may require during your swim please inform the check-in desk officials as well as completing the 'Health Section' on your SwimTrek profile.

Hydration: Make sure you are well hydrated and nourished as there is no opportunity for a refreshment stop along the course.

Swim Results: There will be an awards ceremony which takes place at the SwimTrek tent at 12:30 on the Saturday.

Waterproof MP3: Unfortunately, we cannot allow anyone to swim whilst using one of these devices as they pose as a major safety issue in open water. GPS watches are accepted.

Hypothermia: Be responsible for your own safety. If you feel that you are getting colder during the swim, please get out.

Exit & approaching the safety Vessels: If you need to get out of the water and are too far away from the beach, you will need to get out onto one of the motor boats. Always get clearance from the pilot before you approach the boat. Never approach motorised boats from the rear.

If you get into trouble in the water: Do not panic. Wave arm 180° from side to side. Shout for help.

Emergency Evacuation: One long blast on the whistle or fog horn. Halt Swimming: One short blast on the whistle. Upon stopping, await instructions.

Swim Safety - Officials: Their decision is final. If you are asked to leave the water at any time then please do so.

I have read, understood and agree to the terms and conditions of entering the Swim Round the Pier event run by Paddle Round the Pier, Saltwater Events and SwimTrek.

Print Name:

Sign Name:

Once you have read this please sign and print the document and upload this to your SwimTrek profile.